

Week One

Munchkins

Primary Menu September 2021



Monday

V Home Made Margherita
Pizza
Crispy Salad
Potato Wedges

V Vegetable Curry
Boiled Rice
Naan Bread

Fruity Flap Jack

Tuesday

Home Made Sausage
Platt
Baked Beans
Mashed Potatoes

V Quorn Cottage Pie
Veg of the Day

Fruit Jelly & Cream

Wednesday

Roast Chicken Breast & Gravy
or **V** Quorn Fillet
Seasonal Veg & Roast Potatoes

V Cauli & Broccoli Cheese Bake
Roast Potatoes

Chocolate Sponge & Chocolate
Sauce

Thursday

Traditional Liverpool
Scouse & Crusty Bread

V Quorn Swedish Style
Balls in Tomato Sauce
with Pasta, Salad, &
Crusty Bread

Lemon Drizzle Sponge
Finger

Friday

Fishy Friday Choice
Veg of the Day
Chipped Potatoes

V Bean and Cheese Quesadilla
Veg of the Day
Chipped Potatoes

Oaty Biscuit and Orange Slice



Available Daily

Fresh Sandwiches, jacket potatoes
with fillings, salad and fresh bread

Also Available

Fat Free Yoghurt, Fresh Fruit, Fresh
Fruit Juice, Semi Skimmed Milk and

Fresh Water

V Suitable for vegetarians

Sefton Council
Sefton Catering Services

