

**Week
Two**

Munchkins

Primary Menu September 2021



Monday

V Vegetarian Brunch
Linda McCartney Veggie
Sausage, Baked Beans or
Tomato or Egg, Toast

**V Puff Pastry Cheese &
Tomato Parcels**
Baked Beans

Chocolate Crunch Biscuit

Tuesday

**Home Made Minced Beef
& Vegetable Pie, Gravy,
Veg & Mashed Potatoes**

V Vegetable & Lentil Stew
Fresh Baked Bread

Frozen Yoghurt
Fruit Jelly & Cream

Wednesday

Roast Gammon
Veg of the Day
Roast Potatoes

V Quorn Bolognese
with Pasta Twists
Home Made Garlic Bread
Apple Crumble & Custard

Thursday

Chinese Chicken Curry
or **V Veggie Curry**
Tricolour Rice

V Caribbean Jerk Quorn
Fillet Strips
Peas & Sweetcorn Medley
Potato Wedges

Banana & Sultana Muffin

Friday

Fishy Friday Choice
Veg of the Day
Chipped Potatoes

Friday Picnic
V Filled Wrap, Mini Pizza, Veggie
Sticks
Chipped Potatoes

Fresh Fruit Medley



Available Daily

Fresh Sandwiches, jacket potatoes
with fillings, salad and fresh bread

Also Available

Fat Free Yoghurt, Fresh Fruit, Fresh
Fruit Juice, Semi Skimmed Milk and
Fresh Water

V Suitable for vegetarians

Sefton Council
Sefton Catering Services

